

# Great Meadows Conservation Trust

## Annual Dinner—Special Guest Speakers

Two local farmers talk about life on the farm

### Bethanne Couture

— Riverview Farms, Glastonbury



Bethanne Couture grew up on the Dufford Family Farm on Tryon street in Glastonbury, traveled the world with her air-force husband and returned in 2009 to work with her father.

### Lisa Gilbert

— Gilbert Farm, Rocky Hill



Lisa Gilbert worked side by side with her father on the Gilbert Farm, as the farm transitioned from dairy to vegetables. With a degree in Horticulture from UConn, Lisa added bedding plants to the farm's products.

## The Gallery

141 New London Turnpike  
Glastonbury

Thursday, March 26, 2015

Social Hour 5:30 • Dinner 6:30  
Annual Meeting and speaker to follow

### Buffet Dinner Menu

*Cheese and cracker tray, cocktail meatballs*

*Tossed Salad and assorted cold salads*

*Carving station with New York sirloin of beef  
—clip here—*

*Pasta with Alfredo and Marinara sauces*

*Baked scrod, breaded with lemon and butter*

*Chicken Marsala*

*Vegetables du jour, red roasted potatoes*

*Dessert du jour*

*Regular and decaf coffee and tea*

Cash bar for all other beverages and soda

*The cost per person for dinner is \$28.00, tax and gratuity included*

## GMCT Annual Dinner Reservations

Please reserve **no later** than March 20st  
for the dinner Thursday, March 26th, 2015

**Questions may be directed to Rick Doran at 860- 690- 9983 or [info@GMCT.org](mailto:info@GMCT.org)**

The cost per person for dinner is \$28.00.

Name(s): \_\_\_\_\_

Phone Number \_\_\_\_\_ Address \_\_\_\_\_

**Dinners @ \$28.00**

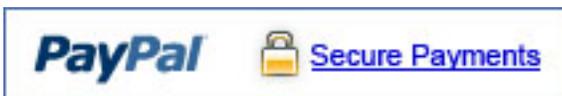
**Memberships @ \$15 individual/\$25 family**

**Additional Donation**

**Total Enclosed:**

\_\_\_\_\_ = \_\_\_\_\_  
 \_\_\_\_\_ = \_\_\_\_\_  
 \_\_\_\_\_  
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Please enclose a check payable to "GMCT" and mail to:



**GMCT Annual Meeting  
Rick Doran  
223 Main Street,  
Wethersfield, CT 06109**

# Great Meadows Conservation Trust

## Annual Dinner Speakers —

**Lisa Gilbert — “A Life on the Farm”**



Lisa Gilbert was born and raised on one of the oldest continuously operated farms in Rocky Hill, Connecticut. As a young girl, she worked side by side with her father with daily chores, planting and harvesting of crops, and was actively involved with Wynding Brook 4-H Club. In 1977 her father sold his herd of cows and started raising vegetables. Lisa helped with the raising and

**Now, 20 years later, she has 10,000 square feet of greenhouse production and raises 40 acres of fresh vegetables.**

marketing of these crops. She received her Bachelor of Science degree in Horticulture from the University of Connecticut in 1993. She returned to the family farm upon graduation and began raising bedding plants along with vegetables. Now, 20 years later, she has 10,000 square feet of greenhouse production and raises 40 acres of fresh vegetables. In addition to acreage at the farm on Gilbert Avenue, in the Rocky Hill meadows, for the last two years, Lisa has tilled a fertile 6 acre parcel on the “Great Plain” on Elm Street in Wethersfield adjacent to GMCT’s Frechette Field. She will share her 40+ years of experience living and working on a farm.

**Bethanne Couture — “A Bit of Earth”**



Bethanne Couture grew up in Glastonbury within a 3-mile radius of Ferry Lane and Tryon Street. Their Ferry Lane home over looked the Horton Farm; the family was surrounded by the cycles of

farm life. In 1972, the family traded houses with Ruth Dufford, her grandmother, and moved to the tobacco farm on Tryon Street. The kids grew up with chickens, sheep, horses, and pigs, plus cats, dogs and various wildlife. In the summer, Bethanne and her sister Linda helped set tobacco and worked the harvest. A graduate of the University of Maine-Orono with a Bachelor of Science Degree, she majored in Pre-Veterinary studies. She worked for Dufford Construction Company when she met her husband, an Air Force Pilot, and spent 20 years living in England, Germany, Alaska, New Mexico and Mississippi. After returning to Glastonbury, joined her father on the farm in 2008. Riverview Farms raises CT broad leaf tobacco, hay, straw, pumpkins and apples. Bethanne manages the Old Cider Mill Fall Festival and initiated a partnership with Robb’s Farm and Ice Cream Shop on Wassuc Road, expanding the Festival to include a corn Maze, birthday parties and long hayrides.

## Spring Gardening Event at Comstock, Ferre in Wethersfield

2:00 pm, Sunday, April 19. Suggested Donation \$5. Co-sponsored by GMCT and C.F.&Co.

**Joseph Simcox — “Cave Men, Kings, and Cannibals”**

*Why we eat the plants we eat and have left behind so many good ones.*



Joseph Simcox, the Botanical Explorer, will pull out his photo archives documenting amazing edible plants around the world. He will also introduce and suggest an amazing number of rare and beautiful edibles for the Connecticut Gardener. Joseph has traveled to over 100 countries documenting the world’s

useful plants. He is bringing new perspectives about the future of food and the future of mankind’s interaction with nature.

**R.S.V.P by April 17 to [info@gmct.org](mailto:info@gmct.org) or 860-808-9968. Donations accepted at door**

**During Joseph’s talk, munch on Podunk Popcorn. Grown locally in South Windsor by the Dzen family.**

